

PS 2.4

**PEOPLE-CENTERED LONG-TERM CARE: PROMISING MULTISECTORAL AND
COMMUNITY-BASED APPROACHES**

| BACKGROUND

As countries across the globe experience demographic transitions marked by longer life expectancies and declining fertility rates, the demand for long-term care (LTC) is growing rapidly. Aging populations are reshaping social structures, family dynamics, and public health priorities. While many health systems remain focused on acute care, the need to strengthen long-term, people-centered, and community-rooted care models is more urgent than ever. The demographic shift also points to the necessity of multisectoral approaches that involve the public and private sectors to deliver sustainable and dignified care across the life course – all with the meaningful engagement of older adults in the planning and implementation of these services.

Communities often serve as the first line of support for older adults and those with chronic conditions. When empowered, community-based actors can play a transformative role in identifying care needs and ensuring continuity of care. At the same time, effective LTC requires governance structures that bridge sectors and scales—from national policy to local implementation. This session will explore how countries can build integrated, resilient LTC systems that are inclusive, community-led, and supported by strong multisectoral collaboration.

| OBJECTIVES

To share LTC strategies and models that link community engagement with national policy and service delivery frameworks.

- To identify enabling factors for effective multisectoral collaboration in LTC.
- To generate practical recommendations for strengthening LTC systems in the context of aging populations.



Moderator

Shintaro Nakamura

Senior Advisor on Social Security

JICA
Japan

Shintaro Nakamura has been serving JICA as Senior Advisor on Social Security since 2010. He has been involved in various JICA projects on aging, social welfare, social insurance, and UHC, including the project on long-term care services for older adults (LTOP) in Thailand, the project on developing social security experts in Indonesia, and the projects on community care for older persons in Chile and Mexico. He also leads JICA's Knowledge Co-creation Program, "Policies and Practices in an Aging Society: Creating Age-Inclusive Community," organized annually, inviting officials of low- and middle-income countries. Additionally, he has been serving as a domestic case selection committee member for The Healthy Aging Prize for Asian Innovation (HAPI) since its inception. His other professional experiences include working for the Japan's Ministry of Health, Labour and Welfare.